

## Swimming Lesson Info

All swim lessons meet at the Riverside Park Pool.

### One-on-One Lessons

Want one-on-one attention from one of our certified instructors? Sign up for private one-one instruction. Complete a full ten-session course or just brush up on your skills by choosing pay per session.

**Fee:** **Single Lesson \$25**  
**5 Group Lessons \$45**

### Guard Start: Junior Lifeguarding Program

(Recommended ages 11-14)

Learn the skills needed to become a certified American Red Cross Junior Lifeguard. After completion, participants may be offered the opportunity to volunteer as a Junior Lifeguard on duty and work at the pool!

**Fee:** **\$35**  
**Date:** **Mon.-Fri. June 30-July 11 8-10 am**

### Parent & Me (Recommended ages 2 & younger)

Children learn water and adjustment skills, and adults learn about aquatic safety for children. This class is designed for a responsible adult ages 16+, and a child to be in the water together.

**Fee:** **\$20**  
**Date:** **Mon.-Thur. or Saturdays/ 30 minute sessions**

### Splashing Tots (Recommended age 2 years)

Learn skills with the parent's assistance, and then let the tots try it on their own! Parents must be in water with their children.

**Fee:** **\$20**  
**Date:** **Mon.-Thur. or Saturdays/ 30 minute sessions**

### Beginner Preschool (Recommended age 3 years)

Designed for children beginning with little or no water experience. Learn basic skills such as front floats, holding your breath, beginning strokes and water safety. This class is held in the baby pool.

**Fee:** **\$20**  
**Date:** **Mon.-Thur. 30 minute sessions**

### Advanced Preschool (Recommended age 4 years)

Designed to transition your child from preschool to level programs. Kids will be making the jump from the shallow baby pool to the steps of the big pool adjusting to completing the skills in deeper water.

**Fee:** **\$20**  
**Date:** **Mon.-Thur. 30 minute sessions**

## Swimming Lesson Info

All swim lessons meet at the Riverside Park Pool.

### Level 1 (Recommended age 5+)

Helps students develop positive attitudes, good swimming habits and safe practices around the water.

**Fee:** **\$25**  
**Date:** **Mon.-Fri. or Saturdays/ 45 minute sessions**

### Level 2

Give students success with fundamental skills. Learn to float and recover to a vertical position.

**Fee:** **\$25**  
**Date:** **Mon.-Fri. 45 minute sessions**

### Level 3

Builds on skills from Level 2 & develops strokes through additional guided practice in deeper water.

**Fee:** **\$25**  
**Date:** **Mon.-Fri. 45 minute sessions**

### Level 4

Develops confidence and strength to improve skills learned and introduces new aquatic skills.

**Fee:** **\$30**  
**Date:** **Mon.-Fri. 45 minute sessions**

### Level 5

Provides further coordination and refinement of strokes, swimming further distances.

**Fee:** **\$30**  
**Date:** **Mon.-Fri. or Saturdays/ 45 minute sessions**

### Level 6

Refines the strokes so students swim them with ease, efficiency power and smoothness over greater distance. Level 6 is designed with "menu" options that each focus on preparing students to participate in more advanced courses, including the Water Safety Instructor and Lifeguard Training courses. Instructor will determine options offered.

**Fee:** **\$30**  
**Date:** **Mon.-Fri. 45 minute sessions**

- Level 6A Personal Water Safety
- Level 6B Lifeguard Readiness
- Level 6C Fundamentals of Diving

**\*Swimming lessons are available on a first come, first serve basis.**

**\*Participants cannot sign up for more than two (2) swim lesson levels during the summer.**

## Summer Schedule

Session 1 June 6—June 17		
9:00-9:45	Level 5	10416.009
9:00-9:45	Level 6A	10416.010
10:00-10:45	Level 1	10416.001
10:00-10:45	Level 2	10416.003
10:00-10:45	Level 3	10416.005
10:00-10:45	Level 4	10416.007
11:00-11:45	Level 1	10416.002
11:00-11:45	Level 2	10416.004
11:00-11:45	Level 3	10416.006
11:00-11:45	Level 4	10416.008
11:15-11:45	Advanced Preschool	10416.011
12:00-12:30	Parent & Me	10416.013

Session 1 Saturdays, June 11—July 30		
10:30-11:00	Parent & Me	10416.012
11:15-11:45	Splashing Tots	10416.015

Session 2 June 20—July 1		
8:00-8:45	Level 4	10416.025
8:00-8:45	Level 5	10416.026
9:00-9:45	Level 1	10416.016
9:00-9:45	Level 2	10416.019
9:00-9:45	Level 3	10416.022
9:15-9:45	Advanced Preschool	10416.028
9:15-1945	Beginner Preschool	10416.030
10:00-10:45	Level 1	10416.017
10:00-10:45	Level 2	10416.020
10:00-10:45	Level 3	10416.023
10:00-10:45	Level 6B	10416.027
10:15-10:45	Beginner Preschool	10416.031
11:00-11:45	Level 1	10416.018
11:00-11:45	Level 2	10416.021
11:00-11:45	Level 3	10416.024
11:15-11:45	Advanced Preschool	10416.029
11:15-11:45	Beginner Preschool	10416.032
12:00-12:30	Splashing Tots	10416.033

Session 3 July 5—July 15		
8:00-10:00	Guard Start	10416.053
8:00-8:45	Level 6C	10416.045
9:00-9:45	Level 1	10416.034
9:00-9:45	Level 2	10416.037
9:00-9:45	Level 3	10416.040
9:00-9:45	Level 5	10416.044
9:14-9:45	Beginner Preschool	10416.049
9:15-9:45	Advanced Preschool	10416.046
10:00-10:45	Level 1	10416.035
10:00-10:45	Level 2	10416.038
10:00-10:45	Level 3	10416.041
10:00-10:45	Level 4	10416.043
10:15-10:45	Advanced Preschool	10416.047
11:00-11:45	Level 1	10416.036
11:00-11:45	Level 2	10416.039
11:00-11:45	Level 3	10416.042
11:15-11:45	Advanced Preschool	10416.048
11:15-11:45	Beginner Preschool	10416.050
12:00-12:30	Parent & Me	10416.051
12:00-12:30	Splashing Tots	10416.052

Fort Morgan Riverside Swimming Pool  
1600 N. Main ST.  
Fort Morgan, CO 80701  
Phone : (970) 867-7391

# Riverside Park Pool

## Swimming Season 2016



### Riverside Park Pool

1600 N. Main Street  
Fort Morgan, Colorado  
Phone: (970) 867-7391



Recreation Department

### Swimming Pool Rules

#### Riverside Park Pool Rules

- All patrons wanting to swim must be wearing a lined swimming suit.
- No street clothes allowed in the pool, including cut-offs, t-shirts or anything other than a swimming suit.
- No food or drink in the pool area except clear plastic bottles containing water.
- No alcohol or drug use.
- No chewing or smoking tobacco in the pool area.
- No glass containers in the pool area.
- We are not responsible for lost or stolen items.
- No hard toys allowed in the pool area.
- All swimmers must shower before entering or re-entering the pool.
- We reserve the right to expel any individual who does not follow the rules set by this facility.

#### Equipment Rules

- Children using flotation devices must be supervised by a parent or guardian within arms reach.
- Flotation devices are only allowed during night swim times. Flotation devices will **not** be allowed during normal swim hours.
- Water Wings will not be allowed in the pool area at any time.
- No diving off any play structures (alligators, mushroom or fountains).
- Only one person on the diving board at any time.

#### Swimming Rules

- Swim only when lifeguards are on duty.
- Obey lifeguard instructions at all times.
- No running, pushing, dunking or horseplay.
- Stay off other people's backs and shoulders.
- No bombs, can-openers or watermelons off the sides of the pool.
- No back dives, flips or twisties done off the sides of the pool.

**Disregard for these rules will result in expulsion from the Riverside Park Pool.**

### Pool Fees

Drop-In	Age	Fee
Children	0-2	\$1.00
Youth/Adults	3-54	\$3.00
Seniors	55+	\$2.00

**Family Season Pass**  
Parents with children under 18 living in the same household. **\$125**

**Individual Season Passes**

- Ages 4-17 & Seniors 55+ **\$50**
- Ages 18-54 **\$60**

**15 Visit Punch Cards**

- Youth/Adults **\$30** Seniors **\$25**

*\*Purchase family, individual passes and punch cards at the Fort Morgan Recreation Center.*

### Open Swim Hours

Monday.-Thursday	1:00-8:00 p.m.
Friday	1:00-5:00 p.m.
Saturday	1:00 p.m.-5:00 p.m.
Sunday	1:00 p.m.-5:00 p.m.

### Open Swim Twilight

**Mon.-Thurs. 6-8 p.m.**  
**\$1.00 OFF**  
*\*Children must be accompanied by a responsible adult over the age of 18.*

### Lap Swim Hours

Monday-Friday 12-1 p.m.  
**\$3.00 per person**  
One lap lane will be left open to lap swimmers throughout the day and evening swim times. This is conditional on the number of patrons in the pool.

### Water Aerobics

- Monday-Friday 12-1 p.m.
- Monday-Thursday 5:30-6:30p.m.

Session 4 July 18—July 29			Session 5 August 1—August 12		
8:00-8:45	Level 5	10416.065	9:00-9:45	Level 3	10416.074
9:00-9:45	Level 1	10416.054	9:00-9:45	Level 5	10416.076
9:00-9:45	Level 2	10416.057	10:00-10:45	Level 1	10416.072
9:00-9:45	Level 3	10416.060	10:00-10:45	Level 2	10416.073
9:00-9:45	Level 4	10416.063	11:00-11:45	Level 4	10416.075
9:15-9:45	Advanced Preschool	10416.066	11:15-11:45	Advanced Preschool	10416.077
10:00-10:45	Level 1	10416.055	12:00-12:30	Beginner Preschool	10416.078
10:00-10:45	Level 2	10416.058			
10:00-10:45	Level 3	10416.061			
10:00-10:45	Level 4	10416.064			
10:15-10:45	Beginner Preschool	10416.069			
11:00-11:45	Level 1	10416.056			
11:00-11:45	Level 2	10416.059			
11:00-11:45	Level 3	10416.062			
11:15-11:45	Advanced Preschool	10416.067			
11:15-11:45	Splashing Tots	10416.071			
12:00-12:30	Parent & Me	10416.070			
12:00-12:30	Advanced Preschool	10416.068			



**On-line Swimming Registration:**  
[cityoffortmorgan.com/recreation](http://cityoffortmorgan.com/recreation)  
**Walk-in Swimming Registration:**  
Fort Morgan Recreation Center  
528 State Street  
Fort Morgan, CO  
Phone: (970) 542-3921

- \* **4th of July:**  
Opened
- \* **Closing Day:**  
Sunday, August 14  
1 p.m.-5 p.m.
- \* **Annual Doggie Days:**  
Sunday, August 14  
5 p.m.-6 p.m.