

FEBRUARY

Gene Doty Senior Center

Monday–Friday
8:00–5:00

970-542-3922

Meet and Eat
Monday–Friday
11:00–1:00

Monday	Tuesday	Wednesday	Thursday	Friday
2 Strength and Stretch 8:30–9:15 Mahjong 1:00	3 Strong People Stay Healthy 8:30–9:15	4 Tai Chi 9:30–11:00 Bingo 1:00 Swoop 1:00	5 Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cardio Drumming 4:00	6 Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00
9 Strength and Stretch 8:30–9:15 Mahjong 1:00	10 Strong People Stay Healthy 8:30–9:15  Senior Night Out: Sam & Louie's Italian Sterling 3:30-8:00	11 Tai Chi 9:30–11:00 Swoop 1:00	12 Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cardio Drumming 4:00	13 Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00  Valentine's Day Party 2:00
16 Strength and Stretch 8:30–9:15 Mahjong 1:00	17 Strong People Stay Healthy 8:30–9:15 Crafting with Lisa 2:00-4:00	18 Tai Chi 9:30–11:00 Bingo 1:00 Swoop 1:00	19 Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cards with Cyndi 12:30-4:30 Cardio Drumming 4:00	20 Food Pantry 2:00  Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00
23 Strength and Stretch 8:30–9:15 Mahjong 1:00	24 Strong People Stay Healthy 8:30–9:15  Sterling Creatives Painting Class 2:00	25 Tai Chi 9:30–11:00 Swoop 1:00 Bunco 1:00	26 Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cardio Drumming 4:00	27 Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00

Tai Chi Wednesdays 9:30-11:00
Cardio Drumming Thursdays 4:00-5:00
Senior Night Out: Tuesday, February 10 th Sam and Louie's Italian Restaurant Sterling 3:30-8:30 Registration Required \$15 Per Person
Valentine's Day Celebration Friday, February 13 th 2:00-4:00 Registration Required Free to Attend
Crafting with Lisa Tuesday, February 17 th 2:00 Registration Required Food Pantry Thursday, February 19 th 2:00