





# FEBRUARY

Gene Doty Senior Center

Monday–Friday  
8:00–5:00

970-542-3922

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div>Strength and Stretch 8:30–9:15 Mahjong 1:00</div>	<div>3</div> <div>Strong People Stay Healthy 8:30–9:15</div>	<div>4</div> <div>Tai Chi 9:30–11:00 Bingo 1:00 Swoop 1:00</div>	<div>5</div> <div>Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cardio Drumming 4:00</div>	<div>6</div> <div>Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00</div>
<div>9</div> <div>Strength and Stretch 8:30–9:15 Mahjong 1:00</div>	<div>10</div> <div>Strong People Stay Healthy 8:30–9:15</div> <div><div>Senior Night Out: Sam &amp; Louie's Italian Sterling 3:30-8:00</div></div>	<div>11</div> <div>Tai Chi 9:30–11:00 Swoop 1:00</div>	<div>12</div> <div>Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cardio Drumming 4:00</div>	<div>13</div> <div>Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00</div> <div><div>Valentine's Day Party 2:00</div></div>
<div>16</div> <div>Strength and Stretch 8:30–9:15 Mahjong 1:00</div>	<div>17</div> <div>Strong People Stay Healthy 8:30–9:15 Crafting with Lisa 2:00-4:00</div>	<div>18</div> <div>Tai Chi 9:30–11:00 Bingo 1:00 Swoop 1:00</div>	<div>19</div> <div>Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cards with Cyndi 12:30-4:30 Cardio Drumming 4:00</div> <div><div>Food Pantry 2:00</div></div>	<div>20</div> <div>Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00</div>
<div>23</div> <div>Strength and Stretch 8:30–9:15 Mahjong 1:00</div> <div>Area Agency on Aging Regional Meeting 12:00</div>	<div>24</div> <div>Strong People Stay Healthy 8:30–9:15</div> <div><div>Sterling Creatives Painting Class 2:00</div></div>	<div>25</div> <div>Tai Chi 9:30–11:00 Swoop 1:00 Bunco 1:00</div>	<div>26</div> <div>Strong People Stay Healthy 8:30–9:15 Dominoes 1:00 Cardio Drumming 4:00</div>	<div>27</div> <div>Strength and Stretch 8:30–9:15 Swoop 1:00 Pinochle 1:00</div>

Meet and Eat Monday–Friday 11:00–1:00
Tai Chi Wednesdays 9:30-11:00
Cardio Drumming Thursdays 4:00-5:00
Senior Night Out: Tuesday, February 10 <sup>th</sup> Sam and Louie's Italian Restaurant Sterling 3:30-8:30 Registration Required \$15 Per Person
Valentine's Day Celebration Friday, February 13 <sup>th</sup> 2:00-4:00 Registration Required Free to Attend
Crafting with Lisa Tuesday, February 17 <sup>th</sup> 2:00 Registration Required
Food Pantry Thursday, February 19 <sup>th</sup> 2:00